



Personal Construct Psychology (PCP) Foundation Course 2026

Coventry Constructivist Centre

provides low cost CPD in Personal
Construct Psychology

Cost: £255 plus purchase of the
course book for approx. £7.99

Venue: Zoom

Dates and times:

All sessions are 10am-12pm

Thursday 1st October

Thursday 8th October

Thursday 15th October

Thursday 22nd October

Half term - no session

Thursday 5th November

Thursday 12th November

Thursday 19th November

Thursday 26th November

Thursday 3rd December

Thursday 10th December

Included:

Digital copies of presentations and
materials on our Google drive.

Find out more about our CPD:

www.covpcp.com

The Foundation Course

This course provides an introduction to the theory and principles of Personal Construct Psychology (PCP), allowing participants to develop a practical understanding of the theory which will then guide their work. The theoretical base of PCP is broad and robust, which makes this an approach with wide applicability in clinical and educational settings, but also in supervision, coaching, staff management, staff development, and organisational change.

Following completion of the Foundation Course there are opportunities to attend further workshops and supervision in order to help you to begin to apply the theory in your own setting should you wish. Personal Construct Psychotherapy, which has developed from PCP, is a flexible approach to therapy which is well suited to consultation and short term work, as well as to more intensive clinical work. It is suitable for all client groups, ages, and ranges of ability. In this age of the quick fix, Personal Construct Psychotherapy is often useful when other therapies have failed to produce sustained improvement.

Facilitators

The course is taught by HCPC registered psychologists who have many years of experience in PCP. Between them, they have a range of publications about their

therapeutic work using PCP. The tutors are Diane Allen, Chris Cutler, Heather Moran, Sally Robbins and Grant Weselby.

Course sessions

The course has been successfully delivered on Zoom since 2020 and the course materials and sessions have all been revised and updated to suit that format. There is an emphasis on practical exercises during the sessions, which helps participants to engage well with the course materials and how the theory works in practice.

A maximum of 16 places are available to allow for a more personalised teaching and learning experience.

Requirements

Participants are expected to attend all 10 sessions. This is important for the way the sessions cover aspects of the theory. We have found that missing a session created difficulties for participation in the seminar and exercises, affecting the individual and their fellow participants.

As the course is delivered in a seminar format, participants are required to spend at least an additional 2 hours per week to prepare for sessions by reading the Foundation Guide and completing relevant exercises. A link will be emailed to you so you can order direct from Amazon. This will cost an additional approx. £7.99.

To book a place, email Sally Robbins: Sally.covpcp@gmail.com

When your place is confirmed, you will need to pay the fee to secure your place, and to provide details of your name, professional role, personal email address & mobile number (for emergency contact in case of a problem before or during the course). Places are allocated on a first come, first served basis. In the event that there are insufficient numbers to proceed with the course, all monies will be refunded. Please note that the fee cannot be refunded for failure to attend once a place is reserved.