



Coventry Constructivist Centre

Cave Day

Are you interested?

A Cave Day is when people come together in a group to work alongside each other on their own creative projects. The structure provides focussed silent sessions during which participants work alone, interspersed with breaks in which they share with others. The aim is to try to make a first draft during the day. You do not need an extensive knowledge of Personal Construct Psychology in order to participate.

We have been considering producing a collection of papers, each written from a personal point of view, about the work that we do and how it affects us. Some of the products of the Cave Day might fit in with this idea.

If you are interested, let me know:

sally@covpcp.com